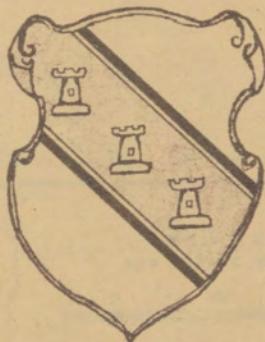


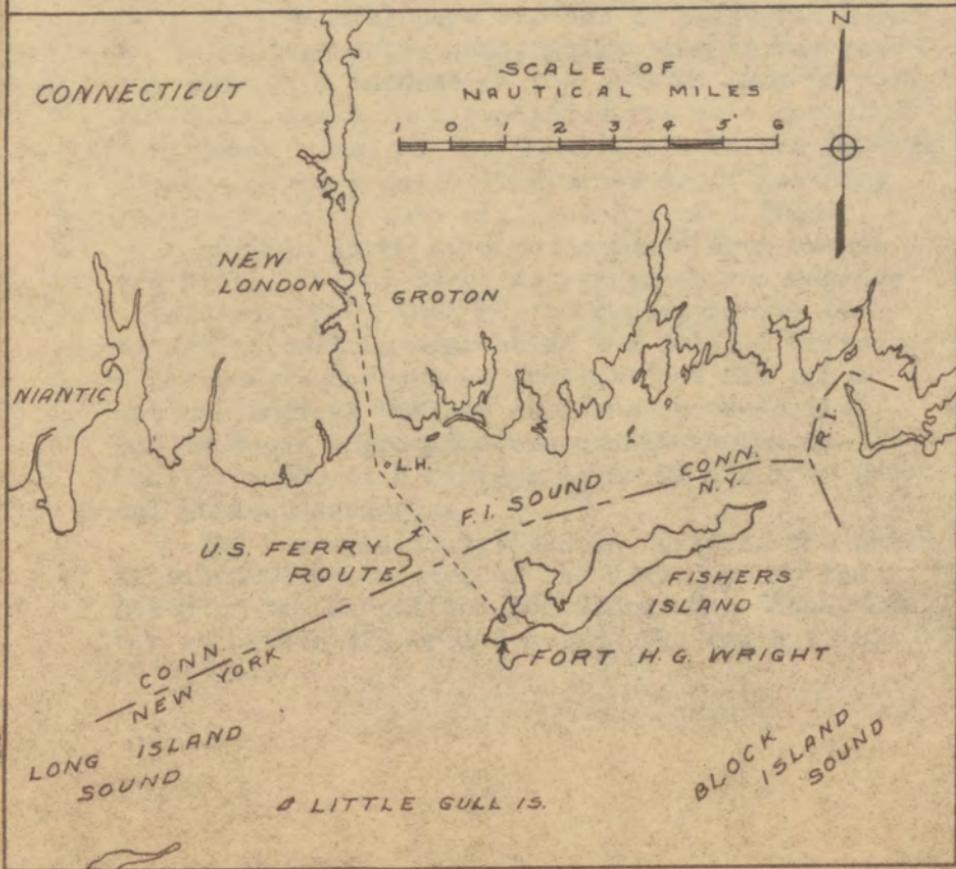
HARBOR DEFENSES
OF
LONG ISLAND SOUND
NEW YORK



Information
on
LIVING and RECREATION
FACILITIES
available
for
YOU

INDEX

1. MEDICAL FACILITIES
2. QUARTERMASTER FACILITIES
3. SPECIAL SERVICE FACILITIES



MEDICAL FACILITIES

The Dispensary and its personnel are available to the members of this post at all times for emergency work; however sick call is held for enlisted men and officers at 0800 daily and at 0900 Saturdays, Sundays and holidays. Dependents of military personnel may see the Medical Officer during the day, but are requested to contact the Dispensary for an appointment. The dependent children are cared for at a monthly clinic held the second Wednesday of each month. Routine checkups are available at this time and immunization shots will be given at cost to all dependents.

Those dependents who may be pregnant will be given prenatal care and can be delivered here at this dispensary. Hospitalization is necessarily shortened because of the lack of Army nurses, but there are nurses available for home care for the new-born and of the mother. There are certain fixed charges made for the services of non-Army personnel, but these will never exceed \$25.00.

Certain items of a medical and drug nature are available for issue to personnel and dependents, and others that may be needed can be obtained at cost by contacting the Medical Officer. A Charge-of-Quarters is available at all times and the Medical Officer will make house calls, but he would appreciate due consideration in keeping these at a minimum as he is the only Medical Officer assigned.

The hospital is located in building #63 which is situated at the top of the hill just to the north of the Chapel and NCO Club. The phone number is either 129 or 123 during the day and 123 at night.

QUARTERMASTER FACILITIES

The Quartermaster has available the following supplies and services for military personnel of this Post:

a. COMMISSARY:

Military personnel or dependents desiring to take advantage of the facilities of the Post Commissary, located in Building #98, should contact the Sales Officer and obtain a commissary card. Supplies sold in the commissary are sold at cost or near cost. The commissary is open from 0830 until 1130 Monday, Wednesday and Friday.

1. **MEAT MARKET:** A meat market has been established in the commissary, where any type cut is available. It is recommended that meat product orders for over the weekend be given to the butcher at least two (2) days in advance.

2. **DAIRY PRODUCTS:** Any dairy products, such as butter, milk, cheese, eggs, etc., are available for sale at cost or near cost prices. The cashier at the Post Commissary should be contacted immediately for regular sale of milk. Deliveries to quarters are not made.

3. **VEGETABLE MARKET:** The vegetable market, also located in the Post commissary, carries fresh fruits and vegetables all year round, and are sold at cost or near cost prices.

b. GASOLINE STATION:

The gasoline station, Building #6, is open from 0830 to 1130 on Monday, Wednesday, and Friday. Gasoline is sold at cost or near cost price. Military personnel are required to obtain a cash sales slip from the Sales Commissary prior to purchase of gasoline.

c. CLOTHING AND EQUIPAGE:

Enlisted Men's type clothing and equipage is available for sale from 0830 to 1130 on Monday, Wednesday, and Friday at cost price. Officers' type clothing may be procured from the Philadelphia Quartermaster Depot at cost price. Arrangements for such purchases can be made through the Post Quartermaster.

d. LAUNDRY, DRY CLEANING AND SHOE REPAIR

Laundry, dry cleaning and shoe repair are performed by local contractors at greatly reduced price. Officers desiring to avail themselves of these facilities should place such laundry, dry cleaning and shoes on the rear porch of Building #36 (Officer's Club) prior to 1300 on Mondays. EM desiring to avail themselves of these facilities should contact the Battery Supply Sergeant.

Upon being assigned quarters, military personnel should immediately contact the Post Quartermaster to ascertain the quantity and type of furniture and equipage that are available for issue to quarters.

The Post Quartermaster is located in Building #98 and is open from 0800 to 1630 Mondays through Fridays. Phone 151.

SPECIAL SERVICE FACILITIES

1. Special Services office is located in Building #56 - Phone 107.

2. The Library is located in Building #112 (over the NCO Club). It is open from 1800 to 2000 on Mondays and Thursdays, and 1400 to 1600 & 1800 to 2000 on Sundays.

3. The Post Exchange is in Building #35, in the rear of Hq Btry on the main road. Except when closed for inventory PX hours are:

Weekdays - 0900 - 1300

1400 - 1700

Saturday - 0900 - 1400

4. The bowling alleys are in Building #74 (beside the P.X.). The price of games is twenty-five cents a game. The alleys are open according to the following schedule:

Mon thru Fri.....	1745 to 2230
Fri and Sat.....	1830 to 2300
Sunday.....	Closed

5. The theater is in Building #62 (on Whistler Ave, near the main gate). The theater is open Sunday, Tuesday, Wednesday, Friday, and Saturday nights-- one show per evening at 2000.

6. The gymnasium is in Building #118, the Service Club. Boxing equipment, weight-lifting equipment and other athletic equipment is available.

7. The tennis courts are located in rear of quarters #58 on Whistler Avenue.

8. All personnel are strongly encouraged to participate in post athletics.

9. Any suggestions for recreation or new activities are invited. If you have any suggestions, please phone the Special Services Officer.

